



Dear Parents,

With great pleasure, we would like to introduce you to a unique opportunity which has been made available for your children. In cooperation with your diocese, The Culture Project International has been invited into your parish. The Culture Project is an initiative of young people set out to restore culture through the experience of virtue. In this missionary community, young adults from around the country commit to proclaiming the dignity of the human person, and the richness of living sexual integrity. Our speakers are trained by faithful experts in the fields of medicine, psychology, philosophy, and theology. Thus, they are equipped to discuss these important topics with knowledge and understanding, while maintaining the utmost respect for the sensitivity of your children.

Your parish has invited us to share our Human Dignity, Sexual Integrity, and Social Media presentations. These presentations are outlined below.

#### **Human Dignity**

Speakers use stories, analogies, natural law, and scientific evidence to increase students' understanding of human dignity - the innate value which sets human beings apart from the rest of creation. Students will learn facts about the importance and uniqueness of every person, and will hear stories of men and women who heroically stood against abuses of this dignity. Speakers address these violations from our past, including slavery and the Holocaust, and from our present, including abortion, human trafficking, and pornography. These tragedies against the human person are discussed with great delicacy and an emphasis on mercy, healing, hope, and forgiveness. Students are empowered and encouraged to join missionaries in making a positive difference in the world, beginning with choices to love and respect their own families, friends, and acquaintances. There are no graphic images or descriptions in this presentation.

#### **Sexual Integrity**

Speakers inspire students to pursue true happiness and fulfillment in the virtue of chastity, offering their own lives as examples of young people living this virtue in an unsupportive culture. Missionaries dissolve the old-world confusion about the virtue of chastity as a "restraining" list of rules, and illuminate the freedom found in self-mastery. Speakers use stories, analogies, and scientific facts to expose the emptiness of certain ideas and choices which students are offered today, including negative body image, promiscuity, sexting, immodesty, and pornography. With great reverence, we discuss the deeper meaning of sex, the purpose of sexual desire, and our sexual identity as male and female. Speakers share practical tips on how students can live out this virtue in their daily lives. This presentation contains a brief and delicate section on the danger of Sexually Transmitted Infections, and offers the virtue of chastity as a preferable and more effective alternative to contraceptives. There are no graphic images or descriptions in this presentation.



### **Social Media**

With the advent of modern technology, smart phones, and social media our world has changed forever. How do we navigate this new social landscape that no generation has had to navigate before?

Designed to follow up our Human Dignity and Sexual Integrity presentations, this presentation will engage students in a dialogue about how to integrate virtue and excellence into their use of Social Media. We discuss how our use of media can either contribute to or endanger our personal happiness, our relationships, and the type of person we ultimately become. We will share about the great benefits to using social media, as well as how to avoid some of its biggest downfalls, such as comparison, isolation, inauthenticity, even habits like cyberbullying and sexting. Through the use of stories, cultural examples, and personal witness, we invite students to consider their own use of media and how, ultimately, we can all utilize the incredible tools that our modern day offers in Social Media to become a force for good in our communities and become people who leave a lasting positive impact on our world.

We at The Culture Project consider our presentations to be “tools in the toolbelt” for you, the parents who so deeply and heroically love your children. We are honored to share with you in this mission, and we look forward to working together to inspire young people and encourage them to live the lives of greatness and fulfillment for which they are made.

For further information about the Culture Project, please visit our website [www.thecultureproject.org](http://www.thecultureproject.org).

All the best,  
The Culture Project International